

## ROTHERHAM BOROUGH COUNCIL - REPORT TO MEMBERS

<b>1. Meeting:</b>	<b>Health Select Commission</b>
<b>2. Date:</b>	<b>15 September 2011</b>
<b>3. Title:</b>	<b>Park Rehabilitation Centre – Consultation</b>
<b>4. Directorate:</b>	<b>NHS Rotherham/ Rotherham Foundation Trust</b>

### **5. Summary**

This report provides an overview of the consultation which is currently taking place in relation to the Park Rehabilitation Centre at Badsley Moor Lane, Rotherham.

Further details as to the progress and outcomes of the report will be tabled on the 15 September, when a representative from Rotherham Foundation Trust will also be in attendance to answer any questions raised by the Select Commission members and to discuss any issues, concerns and next steps.

### **6. Recommendations**

**The Health Select Commission Members:**

- **Consider the information in relation to the information provided, and;**
- **Discuss and contribute to the consultation, to help ensure the best and most appropriate outcome for the review**

## **7. Proposals and details**

Rotherham Foundation Trust (RFT) is currently undertaking a review of services delivered from the Park Rehabilitation Centre and this is still ongoing. Patients, users and staff were encouraged to complete a survey which closed on 11 June, the results of which are being collated. Meetings with users and groups using the facility have also been undertaken. The options/recommendations resulting from the review will dictate the next steps including engagement and consultation. A board meeting with both Commissioner and Provider is due early September.

### ***The recent update provided on the RFT website states:***

Following the recent announcement by The Rotherham NHS Foundation Trust that a Review is being undertaken in respect of services currently located at The Park Rehabilitation Centre, the Trust would like to confirm that all of the views and information that it receives will be fed into the Review process. The Trust is currently collating views from patients, staff and the wider community. Individual responses will not be issued, however, as we have already stated, everyone's views will be actively considered.

As part of the Trusts' recent savings consultation announced early in March, the services we provide out of the Park Rehabilitation Centre were highlighted as one of the further areas for review at a later date. The Rotherham NHS Foundation Trust (TRFT) is committed to involving and listening to the people who use their services. As you will be aware, we are facing tough choices due to the economic climate and as a result of an ongoing financial situation we face by providing services at the Park Rehabilitation Centre, we are announcing a review of how best to provide services for our NHS patients and other service users.

A recent price increase for non-NHS services at the Centre which was designed to make the services provided more financially affordable for the NHS received a number of complaints. It is clear that patients and other users value the services provided at Park Rehabilitation Centre and, as a result, we considered a review of the entire service to be the best way forward.

The Park Rehabilitation Centre is an expensive facility and is currently costing c£100,000 a year over and above the resources available to the Trust. Along with all other public sector organisations the Trust is facing massive efficiency savings and in light of the funding now being made available we have a duty to examine how NHS services can be provided in a more cost effective manner and ensure that NHS resources are not diverted to subsidise non-NHS services.

This review will involve as many service users, staff, health partners and other partners as possible to determine how best to provide all the current NHS funded and non-NHS services and balancing the needs of patients with the reality of the financial situation.

Rotherham Foundation Trust wants to work with the public in order to ensure services are available for our NHS patients and more broadly for the people of

Rotherham. If you would like to be involved in the review or have any comments please email: [parkrehabreview@rothgen.nhs.uk](mailto:parkrehabreview@rothgen.nhs.uk).

### **Info sent out to those who participated in the review:**

#### **The Park Rehabilitation Centre Review**

The Trust would like to reiterate its appreciation to all those who have participated in the Park Rehabilitation Centre Review (PRC). We have appreciatively received a high number of survey responses, views via letters and emails, along with invaluable feedback at numerous meetings that have taken place. We continue to be committed in involving and listening to people and all of the views we have received and the information gained have been fed into the Review process.

The next stage in this Review process is to evaluate the responses and work with our health partners to explore the options available to the Trust. The proposals regarding The Rotherham NHS Foundation Trust services will be considered by the Trust's Board of Directors in late September.

The Trust would also like to reinforce the message that no decision has been reached as to the future of NHS services delivered at PRC and we encourage people to continue utilising the facilities. We endeavour to ensure that services are available for our NHS patients and more broadly for the people of Rotherham.

The Select Commission meeting will also be an opportunity to ask further questions in relation to the review and feed in any further comments and concerns.

### **Background to Facility Development**

The Park Rehabilitation Centre is a purpose built facility situated on the Badsley Moor Lane site.

The facility opened in 1991 and was developed to replicate a rehabilitation centre at Firbeck. Firbeck had originally been owned and managed by the Miners Welfare Commission as a miners rehab centre but had, at some point, been transferred to the District Health Authority. Within the terms of the transfer closure of Firbeck was only allowable if an alternative and comparable facility was opened in its place. Hence the PRC facilities reflect the original requirements of a miners rehabilitation centre in terms of the generously sized gym and pool and the lack of adequate changing facilities for females. It also makes it unique as a facility in South Yorkshire and indeed there are very few similar facilities around the country.

#### **Facilities include:**

- Reception area
- Large lounge/waiting area
- Large hydrotherapy pool (16 metres x 6 metres, temp 35C)

- Large gymnasium
- Neuro rehabilitation room
- Amputee rehabilitation room
- Occupational Therapy kitchen
- Bedroom - used for transfer training and disabled changing
- Light workshop area – used as admin base for MDT Neuro team, for neuro splinting and for cognitive work requiring quiet area
- Speech and language clinic room
- Consulting room – used by different professional groups
- Outpatient clinic area x 2 (10 cubicles)
- Seminar room

### **Services provided at the centre include:**

Physiotherapy, Occupational Therapy and Speech and Language Therapy are provided from the centre to patients with the following conditions.

- Musculoskeletal (incl. rheumatology)
- Neurological
- Amputations

Adult Psychology services are also provided one day a week.

In addition the PRC accommodates a wealth of self help groups. These are either

- Provided and managed by the PRC as an integral part of a programme of care
- Provided and managed by the PRC on an income generation basis
- Hired directly by a self help group

### **Self Help related activity**

Self help arrangements are in place for discharged patients with ortho or neuro conditions or amputations. The sessions include utilisation of either the gym or pool (or both). In addition a self help back group runs weekly.

### **Support Group use of Centre**

The following groups utilise/hire the PRC facilities:

<b>Group</b>	<b>Facilities used</b>	<b>Frequency</b>
National Ankylosing Spondylitis Society	Pool and Gym	weekly
Neuro Support Group	Lounge	monthly
Stroke Disability	Lounge	monthly
Cardiac Rehab	Pool	weekly
Breast cancer Support	Pool	weekly
Foggy Friends (fibromyalgia)	Pool	weekly

## **Current Users**

Mental Health (RDASH), People with Learning Disability (RDASH and Public Session), Young Adult Transition Team , Child Development Centre (now part of RFT), Public Swim (adult, child, disabled plus carer's) , Swimming Lessons (adult, child), Self Help Swim (day time/evening sessions for people who have had Hydrotherapy with a physio and need to continue their exercises post discharge), Self Help Gym/Weights (orthopaedic, neuro and amputee patients who have had physio or OT and need to continue their exercise programs post discharge), Park Activity Club for Kids (pool, gym and dance groups), Slimming group Yoga , Breast Cancer Support , Voyage (private hire/supported living), Back Group, NASS (National Ankylosing Spondylitis Society), Cardiac Rehab , Foggy Friends (fibromyalgia group) Karate, Football, Littlewood Football, Stroke Disability Group, Neuro Support Group Basketball and ad hoc hire of gym and pool sessions.

## **8. Finance**

The financial implications associated with this service have been outlined in the background information above.

## **9 Risks and Uncertainties**

The review is being undertaken to consider the best options for service users and the people of Rotherham, taking into consideration financial implications and the need to ensure NHS budgets are not re-directed to cover non-NHS services.

It is uncertain as yet as to what alternatives could be made available, but all the responses from this consultation will feed into the review and help inform any future decisions.

## **10 Background Papers and Consultation**

Further details can be found via the following link:

[http://www.rotherhamhospital.nhs.uk/park\\_rehabilitation\\_centre\\_review.aspx](http://www.rotherhamhospital.nhs.uk/park_rehabilitation_centre_review.aspx)

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